



When You Get Your Roster...



- 1) Contact Your Team and tell them you are the Coach (an email template available)
 - a. Notify your *Age Group Coordinator* if you can not contact a specific player
- 2) Setup an initial team meeting (maybe meet at one of the Sat. Pre-Season Recreational Training Sessions).
- 3) Make sure you get a parent to commit to Assistant Coach if you still need one
 - a. The Assistant Coach should turn in all the proper paperwork and
 - b. be in charge of the team if you are unable to make a practice or game.
- 4) Make sure you get another parent to commit to Team Parent/Manager
 - a. The Team Parent generally communicates information to the team
 - b. arranges for the team banner (no banner for Grasshoppers or U7s) and
 - c. arranges for the team party.

Important Contacts

Grasshopper Coordinator:	Wendy Olsen	grasshoppers@castrovalleysoccer.com	209-810-4891
U7-U10 Girls Coordinator:	Kristy Willits	d4girls@castrovalleysoccer.com	510-427-8337
U7-U10 Boys Coordinator:	Colin Moy	d4boys@castrovalleysoccer.com	510-690-7749
U12-U19 Coordinator:	Tristan Aasen	d4U12-U19@castrovalleysoccer.com	510-538-0963
Club Registrar:	Diana Gulart	registrar@castrovalleysoccer.com	510-537-9726