

## DIVISION 1 & DIVISION 3 PROGRAM OVERVIEW & COST SUMMARY



Thank you for considering the Castro Valley Soccer Club's ("CVSC") Division 1 and Division 3 Program for your child. This Program is sometimes referred to as the Competitive Program. The purpose of this document is to provide prospective and returning players with information about the CVSC Competitive Program so they can make an informed decision about the upcoming season.

Whether a returning player or someone considering competitive soccer for the first time, most people have the same basic questions:

### **WHAT IS THE CVSC COMPETITIVE PROGRAM AND ITS PHILOSOPHY?**

CVSC's Competitive Program is comprised of approximately 440 players on 30 Division 1 and Division 3 teams, which represents about 25% of the CVSC membership.

Soccer is first and foremost a game, therefore competing is important. However, CVSC also believes it should be fun and enjoyable for both the players and their families. CVSC's Competitive Program emphasizes developing a player's passion for soccer while they learn how to play the game both as a well rounded individual and as a quality member of a team.

Fundamentals (ball mastery) are stressed at the younger age groups. Winning is a secondary consideration. As players mature and progress, decision making and tactics are introduced with winning becoming a greater consideration.

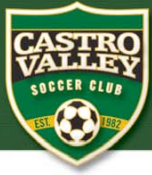
CVSC's Competitive Program's mission is Total Player Development in a family-friendly environment. We want our players and teams to be successful both on and off the field.

### **WHAT ARE DIVISION 1 AND DIVISION 3?**

Division 1 is the highest level of youth soccer and requires a significant time and financial commitment. U9 to U15 teams have a professional head coach provided by 24-7 UK Soccer Academy, the CVSC official soccer trainers. Division 1 U16 to U19 teams may also have a professional head coach provided by 24-7 as approved by the Board of Directors. Division 1 teams usually train 2-3 times per week beginning in April or May and continue training through January or February for younger age groups and March or April for the older age groups, with the older age group taking a break from November through February to allow for high school soccer. Division 1 teams typically play in 5-7 tournaments per year with one to two of these being travel tournaments that require overnight stays.

Division 3 requires less time and financial commitment than Division 1. Division 3 U9 to U19 teams have a volunteer head coach, usually a parent of a player on the team. Division 3 teams train 2-3 times per week beginning in July with one of the weekly sessions lead by a 24-7 staff member. Division 3 training ends in November or December. Division 3 teams typically play 4-5 tournaments per year with perhaps one of these being a travel tournament that requires an overnight stay.

Fall League play for all Divisions begins in September and finishes in the middle of November. Division 1 and Division 3 teams will play half their games at "home" in Castro Valley and half of their games "away" in Alameda and surrounding counties. Division 1 teams may play Spring League with games on Saturdays or Sundays in April, May and June.



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### **HOW ARE DIVISION 1 AND DIVISION 3 TEAMS FORMED?**

CVSC Competitive Teams are formed using a player tryout process. CVSC's goal is to form Division 1 and Division 3 teams at all age groups. However, team formation is dependent upon the number and quality of players that attend tryouts and commit to play for the CVSC team they are selected.

### **WHAT IS THE TRYOUT PROCESS?**

Tryouts are organized, operated and managed by 24-7 UK Soccer Academy on behalf of the CVSC. Tryouts take place in February for the U9 to U14 age groups and in April for the U15 to U19 age groups. Players interested in participating in the CVSC Competitive Program must attend at least one of the tryout dates for their age group.

Players are evaluated on the four components that make up a soccer player:

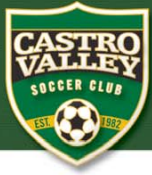
1. Technique
2. Tactics
3. Fitness and Athletic Ability
4. Psychological Component (attitude)

Player evaluations and selections are made by the 24-7 staff in conjunction with the Division 1 & 3 Program Director.

All Division 1 player selections and alternates will be posted on [www.castrovalleysoccer.com](http://www.castrovalleysoccer.com) within one-week of the last tryout for each age group. Selected players will receive a follow up phone call from the head coach confirming the player's interest in playing on the team. Division 3 player selections will be posted as soon as the Division 1 rosters are finalized. Following the phone call from the head coach, players selected for a D1 or D3 team will have one week to register on-line with CVSC to secure their place on the team. Failure to register in a timely basis may result in a player being displaced from a CVSC Competitive team.

### **HOW MUCH DOES IT COST TO PARTICIPATE?**

The cost will vary depending upon the age group and division. Please consult the accompanying charts for additional information.



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### **WHAT IS THE TIME AND TRAVEL COMMITMENT?**

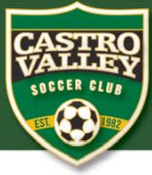
The time and travel commitment will vary from team to team. Please consult the accompanying charts for additional information.

### **WHAT IS MY CHILD'S SOCCER ALTERNATIVE TO COMPETITIVE SOCCER?**

Competitive soccer requires a high level of commitment from the players and families who participate. The decision to play at this level is a choice that needs careful consideration. Even if a player is skilled enough and is selected to a competitive team, the choice to play competitive soccer may not be in the best interests of the player and/or his or her family. For those players and families who cannot commit to the time, travel, financial and volunteer requirements of Division 1 or Division 3, CVSC offers the option to play at the Division 4 level.

Division 4 is also known as Recreational soccer. Players are either assigned to teams by the Club based on personal residence, school or via a player draft by coaches in the U16 and older age groups. Division 4 teams usually practice one or two times per week beginning in August and finish in November. Players are guaranteed 50% playing times and the focus is on a fun soccer experience with minimal emphasis on game results. Coaches are usually the parent of a child on the team.

For more information on CVSC's Competitive Program, please contact the Division 1 and Division 3 Program Director, AJ Barradas, at [compdirector@castrovalleysoccer.com](mailto:compdirector@castrovalleysoccer.com) or the CVSC Director of Coach and Player Development, Andy Hulbert, at [andy@24-7uksocceracademy.com](mailto:andy@24-7uksocceracademy.com). You can also visit the new CVSC website at [www.castrovalleysoccer.com](http://www.castrovalleysoccer.com).



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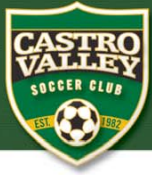
### Division 1 Professional Head Coach – 24-7 UK Soccer Academy Staff

Playing Costs	Amount	Description	Payment Dates
<u><b>Club Registration Fees</b></u>  U9 through U19	<b>\$170</b>	Referees, rent, insurance, equipment, field maintenance and rentals, office expenses, coach education.	At Registration: March/April
<u><b>Club Comp. Program Fee</b></u>  U9 through U19 Non-refundable	<b>\$100</b>	Division 1 program administrative expenses league entry fees, program costs, spring league entry and US Club player and team fees.	Paid with Club registration fee
<u><b>Team Fees</b></u>  U9 through U10  U11 through U19	<b>\$95 per month for 8 months</b>  <b>\$90 per month for 10 months</b>	Teams train 2-3 times per week starting in April/May '10 and go through Feb/Mar '11. 2 x week long team camps.	Monthly online payments via credit or debit card.
<u><b>Uniforms</b></u>	<b>\$275</b>	This is year one of a new three-year contract with adidas. New uniforms will need to be purchased in 2010 with some exceptions for returning teams.	At time of purchase from Soccer Pro in Dublin
<u><b>Jamborees:</b></u> U9-U10  <u><b>Tournament:</b></u> U11-U19	<b>\$45</b>  <b>\$200</b>	Application fees for 3 or 4 local jamborees a year  Application fees for 4 or 5 local and travel tournaments.	Included in the initial team budget with payments due over course of training year
<u><b>Miscellaneous</b></u>	<b>\$100</b>	Banner, beginning and or end of year parties, and other miscellaneous items.	As needed

**Note: Above costs exclude transportation, meals, and hotel costs for tournaments.**

The above amounts represent averages. Each team's actual total fees may vary depending on such factors as number of jamborees/tournaments entered, sponsorship and fundraising activities by the individual and team, additional team camps and other team related expenses. A CVSC approved team budget listing tournament and miscellaneous team costs will be presented to players/families at their initial team meeting in March/April/May.

**EACH TEAM MEMBER IS RESPONSIBLE TO RAISE THE DESIGNATED BUDGET AMOUNT PER PLAYER. THIS CAN BE ACHIEVED THROUGH SPONSORSHIP, FUND RAISING, DIRECT FINANCIAL CONTRIBUTION FROM THE FAMILY OR ANY COMBINATION THEREOF. CVSC WILL HAVE A LIMITED NUMBER OF FINANCIAL AID OPPORTUNITIES FOR THOSE PLAYERS AND FAMILIES DEMONSTRATING A FINANCIAL NEED, COMMITMENT TO SOCCER AND THE CLUB.**



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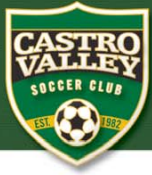
### Division 1 Volunteer Head Coach & 24-7 UK Soccer Academy Trainer

Playing Costs	Amount	Description	Payment Dates
<u><b>Club Registration Fees</b></u> U15 through U19	<b>\$170</b>	Referees, rent, insurance, equipment, field maintenance and rentals, office expenses, coach education.	At Registration: March/April
<u><b>Club Comp. Program Fee</b></u> U15 through U19 Non-refundable	<b>\$100</b>	Division 1 program administrative expenses league entry fees, program costs, spring league entry and US Club player and team fees.	Paid with Club registration fee
<u><b>Team Fees</b></u> U16 through U19	<b>\$80 per month for 9 months</b>	Teams train 2-3 times per week starting in April/May '10 and go through to Feb/Mar '11. 2 x week long team camps.	Monthly online payments via credit or debit card.
<u><b>Uniforms</b></u>	<b>\$275</b>	This is year one of a new three-year contract with adidas. New uniforms will need to be purchased in 2010 with some exceptions for returning teams.	At time of purchase from Soccer Pro in Dublin
<u><b>Tournament Fees</b></u> U16 through U19	<b>\$200</b>	Application fees for 4 or 5 local and travel tournaments a year.	Included in the initial team budget with payments due over course of training year
<u><b>Miscellaneous</b></u>	<b>\$100</b>	Banner, beginning/end of year parties, and other miscellaneous items.	As needed

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### Division 3 Volunteer Head Coach & 24-7 UK Soccer Academy Trainer

Playing Costs	Amount	Description	Payment Dates
<b><u>Registration Fees</u></b> U9 through U19	<b>\$170</b>	Referees, rent, insurance, equipment, field maintenance and rentals, office expenses, coach education.	At Registration: March/April
<b><u>Club Comp. Program Fee</u></b> U9 through U19 Non-refundable	<b>\$100</b>	Division 3 program administrative expenses league entry fees, program costs, spring league entry and US Club player and team fees.	Paid with Club registration fee
<b><u>Team Fees</u></b>  U-9 through U-10  U11 through U14  U15 through U19	<b>\$85 per month for 5 months</b>  <b>\$95 per month for 5 months</b>  <b>\$95 per month for 5 months</b>	1 session per week with trainer June/July to October/November. 2 x week long camps for the U9/U10 teams.  1 week long camp for U11-U19 teams. Additional sessions in preparation for Assoc. Cup.	Monthly online payments via credit or debit card.
<b><u>Uniforms</u></b>	<b>\$275</b>	This is year one of a new three-year contract with adidas. New uniforms will need to be purchased in 2010 with some exceptions for returning teams.	At time of purchase from Soccer Pro in Dublin
<b><u>Jamboree Fees</u></b> U9 through U10	<b>\$45</b>	Application fees for 3 or 4 local jamborees a year.	Included in the initial team budget payments due over course of training year
<b><u>Tournament Fees</u></b> U11 through U19	<b>\$200</b>	Application fees for 4 to 5 local tournaments per year	
<b><u>Miscellaneous</u></b>	<b>\$100</b>	Banner, beginning/end of year parties, and other miscellaneous items.	As needed

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